

# APRIL LAND/WATER2021

CLUB RENAISSANCE  
FITNESS CENTER- (813) 658-1245

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<p><b>Note:</b> Aqua Classes are by reservation on <b>FRIDAYS</b> only! To reserve your spots for the following week, email <a href="mailto:ldavis@clublink.ca">ldavis@clublink.ca</a> and we will do our best to accommodate you. .            *Due to the safety of our instructors, the following classes will be canceled if the pool deck is wet: Aqua Fiesta and Gentle Cardio-Strength.            *In the event of inclement weather, aqua class will be cancelled. Inclement weather includes rain, hail, thunder, lightning, or low temperatures. *The pool area is <b>closed</b> during aqua classes.            * All Water classes are 45 minutes  <b>All classes times are changed please check the calendar closely</b>  <b>New Classes</b>  <b>Aqua Barreyoga &amp; core&amp;more/Land</b></p>					
<p>5  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>6  <b>Spinning</b>            Alexis-8:00 am  <b>Yoga Aqua</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia- 11:00am</p>	<p>7  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>8  <b>Spinning</b>            Alexis-8:00 am  <b>core&amp;more/Land</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia- 11:00am</p>	<p>9  <b>Body Burn /Land</b>            Ilda- 830am  <b>Aqua Barreyoga</b>            Alexis- 930 am  <b>Aqua/Land Fiesta</b>            Alexis-1030am</p>	
<p>12  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>13  <b>Spinning</b>            Alexis-8:00 am  <b>Yoga Aqua</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia-11:00am</p>	<p>14  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>15  <b>Spinning</b>            Alexis-8:00 am  <b>core&amp;more/Land</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia- 11:00am</p>	<p>16  <b>Body Burn /Land</b>            Ilda- 830am  <b>Aqua Barreyoga</b>            Alexis- 930 am  <b>Aqua/Land Fiesta</b>            Alexis-1030am</p>	
<p>19  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>20  <b>Spinning</b>            Alexis-8:00 am  <b>Yoga Aqua</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia-11:00am</p>	<p>21  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>22  <b>Spinning</b>            Alexis-8:00 am  <b>core&amp;more/Land</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia- 11:00am</p>	<p>23  <b>Body Burn /Land</b>            Ilda- 830am  <b>Aqua</b>            Alexis- 930 am  <b>Aqua/Land Fiesta</b>            Alexis-1030am</p>	
<p>26  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>27  <b>Spinning</b>            Alexis-8:00 am  <b>Yoga Aqua</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia-11:00am</p>	<p>28  <b>Body Burn /Land</b>            Nancy- 830am  <b>Gentle Cardio-Strength H2O</b>            Nancy- 930 am  <b>Aqua/Land Fiesta</b>            Ichell-1030am</p>	<p>29  <b>Spinning</b>            Alexis-8:00 am  <b>core&amp;more/Land</b>            Alexis- 9:00am  <b>Tone up Aqua/Land</b>            Ichell-10:00 am  <b>Aqua Resistance</b>            Patricia- 11:00am</p>	<p>30  <b>Body Burn /Land</b>            Ilda- 830am  <b>Aqua Barreyoga</b>            Alexis- 930 am  <b>Aqua/Land Fiesta</b>            Alexis-1030am</p>	