

## *SALADS*

### **Quinoa Spinach App 11 / Main 14**

Fresh spinach, arugula, goat cheese, cranberries, pumpkin seeds, red onion & honey champagne vinaigrette

### **Club Cobb 17.55**

Fresh grilled chicken, sliced hard boiled eggs, cherry tomatoes, bacon, avocado, fresh chopped romaine, blue cheese & red wine vinaigrette

### **Buttermilk Chicken 17.55**

Buttermilk marinated fried chicken, avocado, crisp bacon, pico de gallo, fresh chopped romaine & lemon honey vinaigrette

### **Thai Sesame Sirloin 17.55**

Marinated sirloin, orange segments, strawberries, spicy pecans, romaine, frisee & Thai vinaigrette

### **Caesar Salad App 11 / Main 14.25**

Fresh romaine, garlic croutons, crisp bacon, parmigiano & creamy caesar dressing

Enhance Your Salad  
Chicken 6.10 / Salmon 8 / Shrimp 8.75

## *APPETIZERS*

### **Nachos 14.95 / Beef 5.95 / Chicken 5.50**

Pico de gallo, jalapeno, guacamole & citrus sour cream

### **Steak Bites 13.25**

Marinated steak & sweet chili sauce

### **Pork Belly Sticky Bun 12.75**

Three soft steamed buns, pickled apple, vegetable slaw & hoisin aioli

### **Fire Dusted Calamari 13.55**

Spicy chipotle aioli

### **Three Cheese Artichoke Dip 10.55**

Warm naan bread

### **Kettle Chips 5.45**

Spicy chipotle aioli

### **Wasabi Popcorn Shrimp 13.95**

Golden shrimp bites & wasabi aioli

### **Chicken Quesadilla 14.95**

Pico de gallo, jalapeno Havarti & sour cream

### **Duck Poutine 12.50**

Cheese curds & gravy

## *FLATBREADS, PIZZA & WINGS*

### **Chicken Pesto Flatbread 14.25**

Thin crust dough, sun dried tomatoes, fresh basil & mozzarella

### **Mediterranean Pizza 15.25**

Thick pizza crust, roasted pepper, kalamata olive, chorizo sausage, roasted garlic, red onion, feta & three cheese blend

### **Buffalo Style Wings 15.40**

Carrot and celery sticks, blue cheese dip

## *SANDWICHES, WRAPS & BURGERS*

All sandwiches, wraps & burgers come with your choice of garden salad, caesar salad, coleslaw, fries, kettle chips or daily soup.  
Enhance your side to sweet potato fries, Greek salad  
or onion rings for 2.45

### **Reuben 16.25**

Corn beef, sauerkraut, abbey aioli, Swiss cheese, fried pickle, marble rye

### **Kale & Quinoa Crunch Wrap 13.95**

Grilled vegetables & roasted red pepper spread

### **The Abbey Steak Sandwich 16.95**

Provolone cheese, Abbey house aioli, sautéed peppers & onions, baguette

### **Blackened Salmon Naan 16.95**

Salmon, arugula, pico de gallo & cilantro lime aioli

### **Chicken Club 17.55**

Fresh grilled chicken, bacon, aged cheddar, arugula, vine ripened tomato, chipotle aioli, toasted multigrain

### **Buffalo Chicken Wrap 17.05**

Buttermilk marinated fried chicken, buffalo sauce, peameal, cheddar cheese, shredded lettuce, tomatoes & blue cheese dressing

### **The Double Burger 16.50**

Two flame grilled chuck patties, abbey sauce, ace bun

### **The Bunker Burger 17.25**

Two flame grilled patties, BBQ sauce, bacon jam, Swiss cheese, onion rings, abbey aioli, ace bun

### **Angry Monk Burger 17.25**

Two flame grilled chuck patties, fried jalapenos, chipotle mayo, jalapeno Havarti, ace bun

### **Beyond Burger 15**

Plant based Patty, abbey aioli served on an onion bun

## *ENTRÉES*

### **14oz CAB Bone In New York 29**

Frites, sautéed mushrooms, red wine & shallot butter

### **Spring Salmon 24**

Edamame, corn & fingerling potato succotash & smoked tomato chutney

### **Smoked Baby Back Ribs Full 29 / Half 20**

Whiskey BBQ sauce, coleslaw & fries

### **Chicken Linguine 19.95**

Sundried tomatoes, rocket, roasted garlic, bechamel sauce & shaved parmigiano

### **Artichoke & Tapenade Agnolotti 18**

Preserved lemon, sundried tomato, capers, olive oil, rocket, garlic & shaved parmigiano

### **Ale Battered Haddock 18**

Fries, coleslaw & house made tartar sauce

### **Shrimp Panang Curry 18.55**

Coconut curry, udon noodle, julienne vegetables, cilantro served with naan bread

### **Butter Chicken 18.55**

Basmati rice, green onions, naan bread

### **Firecracker Tofu Stir Fry 17**

Julienne vegetables, green onion, bok choy, fried noodles, hoisin & teriyaki sauce