

FEBRUARY 2026 POOL

CLUB RENAISSANCE
FITNESS CENTER- (813) 658-1245
IDAVIS@CLUBLINK.CA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 <u>H2O</u> <u>Cardio-Strength</u> 9:30am-<u>CL</u> <u>Aqua Mix express</u> 10:15am-<u>CL</u>	3 <u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Balance</u> <u>Express</u> -10:15am-<u>NF</u>	4 <u>H2O</u> <u>Mix</u> 9:30am-<u>MT</u> <u>Aqua Zumba Express</u> - 10:15am<u>MT-MT</u>	5 <u>Aqua Cardio-Strength</u> - 9:30 am-<u>CL</u> <u>Aqua Mix Express</u> -10:15am-<u>CL</u>	6 <u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Aloha Flow</u> 1015 am -<u>CL</u>	
9 <u>H2O</u> <u>Cardio-Strength</u> 9:30am-<u>CL</u> <u>Aqua Mix express</u> 10:15am-<u>CL</u>	10 <u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Balance</u> <u>Express</u> -10:15am-<u>NF</u>	11 <u>H2O</u> <u>Mix</u> 9:30am-<u>MT</u> <u>Aqua Zumba Express</u> -10:15am<u>MT-MT</u>	12 <u>Aqua Cardio-Strength</u> - 9:30 am-<u>CL</u> <u>Aqua Mix Express</u> -10:15am-<u>CL</u>	13 <u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Aloha Flow</u> 1015 am -<u>CL</u>	
16 <u>H2O</u> <u>Cardio-Strength</u> 9:30am-<u>CL</u> <u>Aqua Mix express</u> 10:15am-<u>CL</u>	17 -<u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Balance</u> <u>Express</u> -10:15am-<u>NF</u>	18 <u>H2O</u> <u>Mix</u> 9:30am-<u>MT</u> <u>Aqua Zumba Express</u> - 10:15am-<u>MT</u>	19 <u>Aqua Cardio-Strength</u> - 9:30 am-<u>CL</u> <u>Aqua Mix Express</u> -10:15am-<u>CL</u>	20 <u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Aloha Flow</u> 1015 am -<u>CL</u>	
23 <u>H2O</u> <u>Cardio-Strength</u> 9:30am-<u>CL</u> <u>Aqua Mix express</u> 10:15am-<u>CL</u>	24 <u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Balance</u> <u>Express</u> -10:15am-<u>NF</u>	25 <u>H2O</u> <u>Mix</u> 9:30am-<u>MT</u> <u>Aqua Zumba express</u> - 10:15am-<u>MT</u>	26 <u>Aqua Cardio-Strength</u> - 9:30 am-<u>CL</u> <u>Aqua Mix Express</u> -10:15am-<u>CL</u>	27 <u>Aqua Tone</u> - 9:30 am-<u>NF</u> <u>Aqua Aloha Flow</u> 1015 am -<u>CL</u>	
					