

March 2019 Water

**CLUB RENAISSANCE
FITNESS CENTER- (813) 658-1245**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<p>* In the event of an instructor's absence, classes may be substituted with another format or instructor. * All Water classes are 45 minutes unless otherwise noted! * In the event of inclement weather, class may be cancelled. Inclement weather includes heavy rain, lightning, or extreme cold * If the temperature drops below 60 degrees, class will be cancelled. * A minimum of 3 participants must attend for class to be held.</p>					
<p>4</p> <p>Aqua Fiesta <i>Ichell</i>-11:00am</p> <p>-H2O Weights <i>Patricia</i>-2:00pm</p>	<p>5</p> <p>Aqua Yoga <i>Chantel</i>- 11:15am</p> <p>Water Walking <i>Patricia</i>- 2:00pm</p>	<p>6</p> <p>Water Fusion <i>Lauren</i> - 11:00am</p> <p>Noodle Wednesdays <i>Patricia</i> - 2:00pm</p>	<p>7</p> <p>Aqua Yoga <i>Ichell</i> - 11:15am</p> <p>Water Walking <i>Patricia</i>- 3:00pm</p>	<p>1</p> <p>Aqua Cardio-Strength <i>Shannon</i> - 11:00am</p> <p>Aqua Fun Friday <i>Patricia</i>- 2:00pm</p>	
<p>11</p> <p>Aqua Fiesta <i>Ichell</i> -11:00am</p> <p>-H2O Weights <i>Patricia</i>-2:00pm</p>	<p>12</p> <p>Aqua Yoga <i>Chantel</i>- 11:15am</p> <p>Water Walking <i>Patricia</i>- 2:00pm</p>	<p>13</p> <p>Water Fusion <i>Lauren</i> - 11:00am</p> <p>Noodle Wednesdays <i>Patricia</i> - 2:00pm</p>	<p>14</p> <p>Aqua Yoga <i>Ichell</i> - 11:15am</p> <p>Water Walking <i>Patricia</i>- 3:00pm</p>	<p>8</p> <p>Aqua Cardio-Strength <i>Shannon</i> - 11:00am</p> <p>Aqua Fun Friday <i>Patricia</i>- 2:00pm</p>	
<p>18</p> <p>Aqua Fiesta <i>Lauren</i> -11:00am</p> <p>-H2O Weights <i>Patricia</i> -2:00pm</p>	<p>19</p> <p>Aqua Yoga <i>Ichell</i>-11:15am</p> <p>Water Walking <i>Patricia</i>- 2:00pm</p>	<p>20</p> <p>Water Fusion <i>Lauren</i> - 11:00am</p> <p>Noodle Wednesdays <i>Patricia</i> - 2:00pm</p>	<p>21</p> <p>Aqua Yoga <i>Ichell</i>-11:15am</p> <p>Water Walking <i>Patricia</i>- 3:00pm</p>	<p>15</p> <p>Aqua Cardio-Strength <i>Shannon</i> - 11:00am</p> <p>Aqua Fun Friday <i>Patricia</i>- 2:00pm</p>	
<p>25</p> <p>Aqua Fiesta <i>Ichell</i>-11:00am</p> <p>-H2O Weights <i>Patricia</i>-2:00pm</p>	<p>26</p> <p>Aqua Yoga <i>Chantel</i>- 11:15am</p> <p>Water Walking <i>Patricia</i>- 2:00pm</p>	<p>27</p> <p>Water Fusion <i>Lauren</i> - 11:00am</p> <p>Noodle Wednesdays <i>Patricia</i> - 2:00pm</p>	<p>28</p> <p>Aqua Yoga <i>Ichell</i> - 11:15am</p> <p>Water Walking <i>Patricia</i>- 3:00pm</p>	<p>22</p> <p>Aqua Cardio-Strength <i>Shannon</i> - 11:00am</p> <p>Aqua Fun Friday <i>Patricia</i>- 2:00pm</p>	