

June 2019 Water

CLUB RENAISSANCE
FITNESS CENTER- (813) 658-1245

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
*Water Fusion will be held on Monday June 3rd and Monday June 10th at 11:00 instead of Aqua Fiesta.					1/2
3 H2O Weights <i>Patricia-10:00am</i> Water Fusion <i>Keri-11:00am</i>	4 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Ichell-11:15am</i>	5 Noodle Wednesdays <i>Patricia- 10:00am</i> Water Fusion <i>Keri-11:00am</i>	6 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Ichell- 11:15am</i>	7 Aqua Fun Friday <i>Patricia- 10:00am</i> Aqua Cardio-Strength <i>Keri-11:00am</i>	
10 H2O Weights <i>Patricia-10:00am</i> Water Fusion <i>Keri-11:00am</i>	11 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Chantel- 11:15am</i>	12 Noodle Wednesdays <i>Patricia- 10:00am</i> Water Fusion <i>Keri-11:00am</i>	13 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Chantel-11:15am</i>	14 Aqua Fun Friday <i>Patricia- 10:00am</i> Aqua Cardio-Strength <i>Shannon- 11:00am</i>	
17 H2O Weights <i>Patricia-10:00am</i> Aqua Fiesta <i>Lauren-11:00am</i>	18 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Chantel-11:15am</i>	19 Noodle Wednesdays <i>Patricia- 10:00am</i> Water Fusion <i>Keri-11:00am</i>	20 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Ichell- 11:15am</i>	21 Aqua Fun Friday <i>Patricia- 10:00am</i> Aqua Cardio-Strength <i>Shannon- 11:00am</i>	
24 H2O Weights <i>Patricia-10:00am</i> Aqua Fiesta <i>Lauren-11:00am</i>	25 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Chantel-11:15am</i>	26 Noodle Wednesdays <i>Patricia- 10:00am</i> Water Fusion <i>Keri-11:00am</i>	27 Water Walking <i>Patricia- 10:00am</i> Aqua Yoga <i>Ichell- 11:15am</i>	28 Aqua Fun Friday <i>Patricia- 10:00am</i> Aqua Cardio-Strength <i>Shannon- 11:00am</i>	