



MENU

A P P E T I Z E R S

BUFFALO-STYLE WINGS

Crispy dusted chicken wings tossed in your choice of sauce or seasoning, served with carrot & celery sticks, blue cheese dip
1lb \$17.85

Sauce choices available: barbecue (mild), buffalo (medium), honey-garlic, Frank's RedHot, Sweet chili
Dry spices: Cajun, lemon pepper

SMOKED CHICKEN QUESADILLA

Chicken, cheddar, Monterey Jack, green onions, jalapeños and roasted red peppers in a folded soft flour tortilla, served with sour cream and salsa
\$15.25

FIRECRACKER TEMPURA SHRIMP

Tempura shrimp served on Asian vegetable & ponzu slaw topped with sweet chili sauce, sriracha aioli, toasted sesame seeds, scallions and fresh cilantro
\$15.95

FIRECRACKER TOFU

Fried marinated tofu cubes served on Asian vegetable & ponzu slaw topped with sweet chili sauce, sriracha aioli, toasted sesame seeds, scallions and fresh cilantro
\$11.25

FEATURED SOUP

appetizer size \$6.95 | main size \$9.95

KETTLE CHIPS

Tossed with Cajun spice and served with spicy chipotle aioli
\$6.35

SWEET POTATO FRITES or ONION RINGS

Served with spicy chipotle aioli
\$7.65

GOLDEN FRIES

\$6.35

S A L A D S

COBB

Fresh grilled chicken, avocado, blue cheese, bacon, boiled egg, cherry tomato and chopped romaine, with classic vinaigrette dressing
\$20.35

GREEK

Peppers, cucumber, cherry tomato, black olives, feta cheese, romaine with house-made vinaigrette dressing
appetizer size \$12.75 | main size \$16.50

CAESAR

Fresh chopped romaine, garlic herb croutons, crisp bacon, creamy caesar dressing and parmigiano
appetizer size \$12.75 | main size \$16.50

GARDEN

Fresh chopped romaine, arugula, radicchio, cherry tomato, cucumbers, peppers with house-made vinaigrette dressing
appetizer size \$12.00 | main size \$14.00

Add protein to your salad:

grilled chicken \$6.75

grilled salmon \$8.80

grilled shrimp \$9.65

If you have any requests or dietary concerns, please inform your server and our chef will be happy to accommodate.
Prices are subject to applicable taxes.



MENU

S A N D W I C H E S

Includes your choice of side: garden salad, fries, soup, kettle chips or coleslaw

Enhance your side: Greek salad, caesar salad, onion rings or sweet potato fries \$2.75

CHICKEN CLUB

Fresh grilled to order chicken, crisp bacon, aged cheddar, arugula, vine ripe tomato, chipotle mayo on toasted multigrain bread
\$20.35

BUFFALO CHICKEN WRAP

Golden crisp breaded chicken fillets, buffalo wing sauce, peameal bacon, grated cheese blend, shredded lettuce, tomato, blue cheese dressing in a grilled tortilla wrap
\$19.75

CHICKEN CAESAR WRAP

Crispy or grilled chicken with bacon bits, parmigiano and romaine tossed in a creamy Caesar dressing in a grilled flour tortilla
\$19.75

CLASSIC BLT

Six bacon strips on toasted multigrain bread with tomato, arugula and mayo
\$17.85

CHICKEN MEDITERRANEAN WRAP

Chicken, shredded lettuce, tomato, red onion, roasted red peppers, cucumbers, feta cheese and tzatziki served in a grilled soft tortilla
\$20.00

CRISPY CHICKEN TENDERS

Five breaded chicken strips served with choice of a side and dipping sauce (plum, honey garlic, buffalo, Franks Hot, sweet chili or BBQ)
\$16.25

SALMON NAAN

Grilled salmon filet, tzatziki, avocado, arugula, tomato and red onion wrapped in grilled naan bread
\$21.95

FALAFEL NAAN

Chickpea falafels, hummus, shredded lettuce, local sprouted legumes, tomato, red onion and pickles wrapped in grilled naan bread
\$17.25

PRIME RIB BURGER

Grilled seven ounce prime rib beef patty, garnished with sliced tomatoes, red onion, arugula and pickle on a buttered brioche bun with choice of side
\$19.15

add aged cheddar or Swiss cheese \$2.35

add bacon \$2.45

add peameal \$2.45

Sub Impossible Burger Patty
Sub gluten friendly bun

POWER BOWL

Brown basmati rice topped with arugula, charred corn, black beans, cherry tomatoes, roasted chickpeas, edamame, avocado, local sprouted legumes, pumpkin seeds in our lemon tahini dressing

falafel \$18.00

grilled chicken \$21.00

grilled shrimp \$24.00

grilled salmon \$23.00

NOODLE BOWL

Chow mein noodles in our ginger-chicken broth with julienned vegetables, shitake mushrooms and scallions

pulled smoked chicken \$16.95

grilled shrimp \$22.00

TACO BOWL

Brown basmati rice, Monterey jack cheese, charred corn, black beans, cherry tomatoes, green onions, avocado, cilantro and fresh lime, served with side salsa and sour cream
\$15.00

grilled chicken \$6.75

grilled salmon \$8.80

grilled shrimp \$9.65

FISH AND CHIPS

Beer battered five ounce haddock filet served with charred lemon, coleslaw, tartar sauce and golden fries

1 pc \$16.95 | 2 pc \$24.95

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